



More than  
**A TICKET!**

# RESOURCES FOR PARTNER AGENCIES

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WWW.KIDSUPFRONTCALGARY.COM  
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403-444-4318

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- This site lists many incredible food resources in our community.
  - <https://www.emmahouse.ca/food-resources>
- **Calgary Food Bank:**
  - You must call ahead and book a hamper before picking up.
  - Call 403-253-2055 to book a hamper.
  - <https://www.calgaryfoodbank.com/needfood/>
- **Brown Bagging It For Calgary's Kids**
  - BB4CK is offering families of K-12 students support in purchasing healthy food for growing kids. Fill out the form on the website to receive a \$30 gift card for each K-12 student in your household.
  - <https://bb4ck.org/help/>
- **Food Resources Calgary**
  - <https://informalberta.ca/public/common/viewSublist.do?cartId=1021259>
- **Food resources outside of Calgary.**
  - <https://informalberta.ca/public/common/viewComboList.do?comboListId=1004903>
- **The Alex Community Food Centre**
  - While the Community Food Centre is currently not serving community meals to support physical distancing guidelines, they are working hard to ensure people have food support and stay connected.
  - Call them at (403) 455-5792 to learn about resources available to you including food, basic needs, and social support.
  - Monday to Friday from 10am-4pm.

- **Drop In Centre:**
  - Computers for low-income Calgarians
  - Fill out the form on this site to submit your request.  
<https://www.calgarydropin.ca/project/clic/>
  - Alternatively, download the application form:  
[https://www.calgarydropin.ca/cms/wp-content/uploads/2018/05/CLIC\\_Pamphlet\\_Form\\_F2.pdf](https://www.calgarydropin.ca/cms/wp-content/uploads/2018/05/CLIC_Pamphlet_Form_F2.pdf)
  - Fill it out, and submit it by fax at 403 234-0677 or in person.
- **Electronic Recycling Association**
  - Apply for a donation:  
<https://www.electronicrecyclingassociation.ca/apply-for-a-donation/>
- **Computers for schools and non-profits**
  - Alberta Computers for Schools has registered refurbished shops in Edmonton, Calgary and Brocket.
  - <https://www.cfsalberta.ca/apply.php>

- 211
  - <https://www.ab.211.ca/211-topics/browse-all-topics/>
- Baby Items
  - <https://www.ab.211.ca/211-topics/children-families/baby-items/>
- Basic Needs
  - <https://www.ab.211.ca/211-topics/food-basic-needs/>
- Coats for Kids and Families
  - <http://www.coatsforkidsandfamilies.ca/get-a-coat>
- Charlie's Children
  - Will support low income families or single parents expecting a newborn with resources and supplies.
  - <https://www.womeninneed.net/charlies-children/>

- **Yoga(free).**
  - Free access until July 1st for all students and teachers (K-12 and college).
  - To access the free school membership, please register your school's domain by visit:  
[downdogapp.com/schools](https://www.downdogapp.com/schools).
  - <https://www.downdogapp.com/>
- **YMCA 360:**
  - Find the newest Y classes & programs.
  - <https://ymca360.org/>
- **It's simple**
  - 5 minute bursts, 4 times a day = Happy Brain:
  - <https://fast.wistia.net/embed/channel/5jehdru8mr>
- **Stay Active At Home**
  - <https://www.bokskids.ca/boks-at-home/>
- **Activities for kids.**
  - <https://activeforlife.com/activities/>
- **Staying Active- City of Calgary**
  - <https://www.calgary.ca/CSPS/Pages/At-Home-Activities/active/Staying-active.aspx>

- **Calgary Distress Centre**
  - Provides 24 hour distress support over the phone for those who need help. <https://www.distresscentre.com/>
  - 24-Hour Support Crisis Line – 403.266.HELP (4357)
  - This service is free and is offered in over 200 languages.
- **Connectteen**
  - ConnecTeen is a confidential peer support service for youth in Calgary and area.
  - <https://calgaryconnecteen.com/2015/02/need-help/>
- **Alberta Health Services**
  - <https://www.albertahealthservices.ca/services/page11443.aspx>
- **Kids Help Phone**
  - 1-800-668-6868
  - Online chatText: Text "CONNECT" to 686868
  - App: Download the Always There App
- **Hope for Wellness**
  - Phone: 1-855-242-3310
  - Phone counselling is also available in: Cree, Ojibway, Inuktitut
- **Crisis Services Canada**
  - Call: 1-833-456-4566
  - Text: 45645

- **Books- Map of all the Little Free Libraries in Calgary**
  - <https://calgaryreads.com/wp-content/uploads/2019/07/LFL-Combined-Map-and-Legend-final-2019Jul3.pdf>
- **Mind Fuel**
  - Learning free for Canadian teachers, students and parents during COVID-19 school shutdown.
  - <https://mindfuel.ca/staysafe/>
- **PBS KIDS**
  - Bottom line: Amazing collection of valuable learning resources covers an impressive array of topics.
  - <https://www.commonsense.org/education/website/pbs-kids>
- **Math Games**
  - Bottom line: A fantastic resource for practicing Common Core math skills, but struggling students won't get much support.
  - <https://ab.mathgames.com/>
- **Scholastic**
  - <https://classroommagazines.scholastic.com/support/learnathome.html?caching>
- **Future Goals- Now Available for Teachers and Families**
  - A FREE and fun online course to keep students and parents engaged at home
  - <https://futuregoals.nhl.com/>
- **ReadWriteThink**
  - Bottom line: A language arts teacher's dream; lesson plans, professional development, and all-around quality support.
  - <http://www.readwritethink.org/>
- **Learning- City of Calgary**
  - <https://www.calgary.ca/CSPS/Pages/At-Home-Activities/learning/Learning.aspx>

# Resources for People with Disabilities

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- Family Support for Child with Disability (FSCD)
  - <https://www.alberta.ca/fscd.aspx>
- Pace Kids
  - <https://pacekids.ca/>
- Cerebral Palsy Kids and Families
  - <https://www.calgarycp.org/>
- Autism Aspergers Friendship Society Of Calgary
  - <https://aafscalgary.wildapricot.org/>
- Autism Calgary
  - <https://autismcalgary.com/>
- Ability4good
  - <https://www.ability4good.com/calgary>
- Lead Foundation
  - <https://www.leadfoundation.ca/>
- Children's Link
  - <https://childrenslink.ca/>
- Alberta Society for the visually impaired
  - <https://www.asvicalgary.com/>
- Deaf & Hear Alberta
  - <https://deafandhearalberta.ca/>
- Brain Injury Society (SABIS)
  - <https://sabis.ab.ca/>
- SCOPE
  - <http://www.calgaryscope.org/>
- The Calgary Society of Community Opportunities (CSCO)
  - <https://www.cscocalgary.com/>
- VECOVA
  - <https://vecova.ca/>